

WHAT ARE PFAS?

PFAS (PER- AND POLYFLUOROALKYL SUBSTANCES) ARE A GROUP OF MAN-MADE CHEMICALS THAT HAVE BEEN WIDELY USED IN INDUSTRY AND EVERYDAY LIFE DUE TO THEIR WATER-REPELLENT, OIL-RESISTANT, AND NON-STICK PROPERTIES.

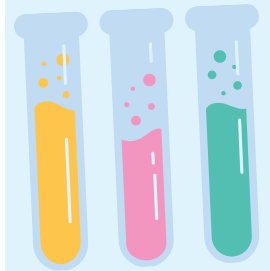
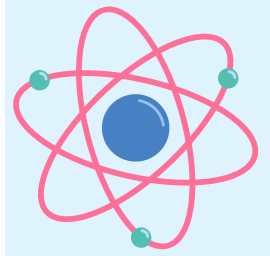
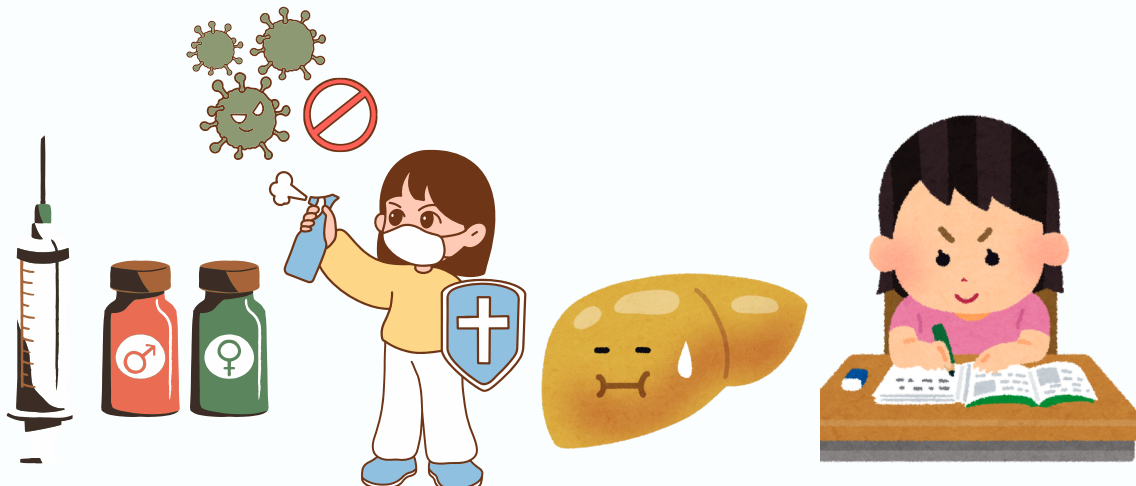
WHERE ARE THEY FOUND?

- PFAS may be found in:
- Cosmetics
- Water-resistant clothing and footwear
- Food packaging materials
- Firefighting foams



WHY ARE THEY DANGEROUS?

- PFAS are known as “forever chemicals” because they hardly break down in the environment. They can accumulate in water, soil, food, and the human body, potentially causing health problems over time, including:
- Hormonal and reproductive disorders
- Weakened immune system
- Increased risk of liver and cardiovascular diseases
- Developmental problems in children



HOW TO REDUCE THE IMPACT?

- Avoid using damaged Teflon (non-stick coated) cookware,
- Choose products labeled "PFAS-free,"
- Avoid using items with unnecessary water-resistant or chemical coatings,
- Stay informed and demand a safe environment.



**A CLEAN ENVIRONMENT IS THE FOUNDATION OF A HEALTHY LIFE.
RAISING AWARENESS ABOUT PFAS IS THE FIRST STEP TOWARD PROTECTING
OUR HEALTH AND THE ENVIRONMENT.**

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